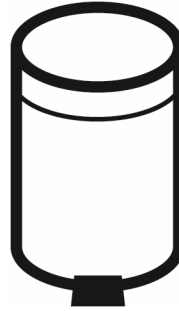


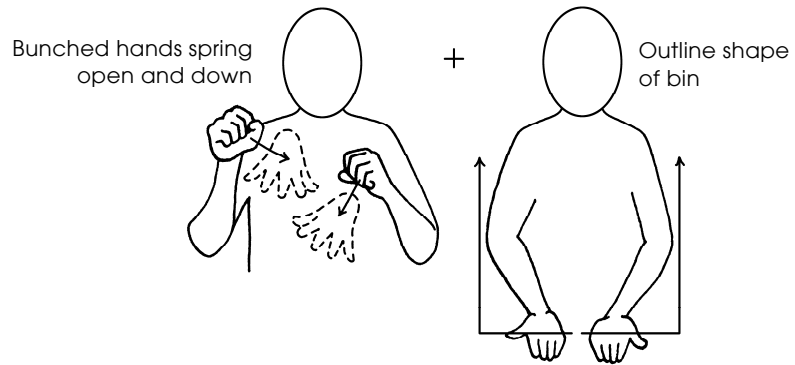
Hygiene

Makaton Symbols and Signs

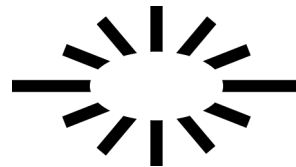
Bin



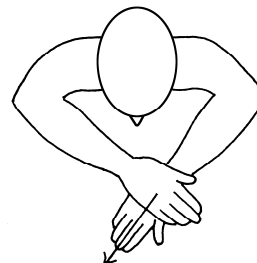
Bin



Clean



Clean



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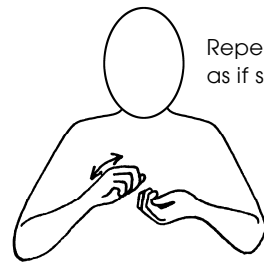
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Clean Your Nails

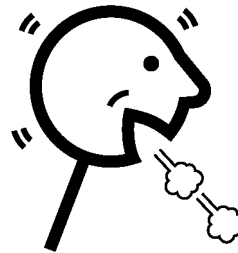


To Clean/ Scrub Nails
(with nailbrush)



Repeat movement as if scrubbing nails

To Cough



To Cough



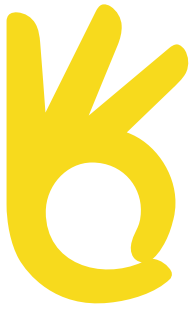
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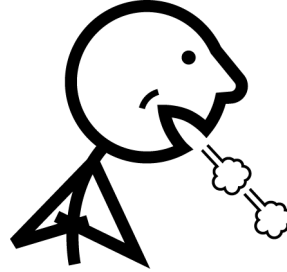
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Breathing Problems



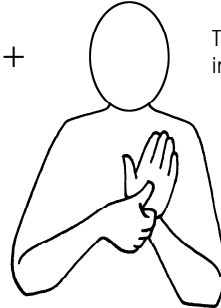
Breathing Problems

Palm, flat on chest, moves gently away from and back



+

Twist thumb into palm

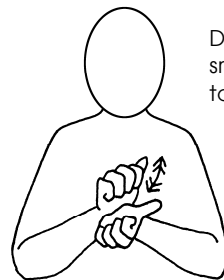


Dirty



Dirty

Dominant fist makes two small twisting movements towards self



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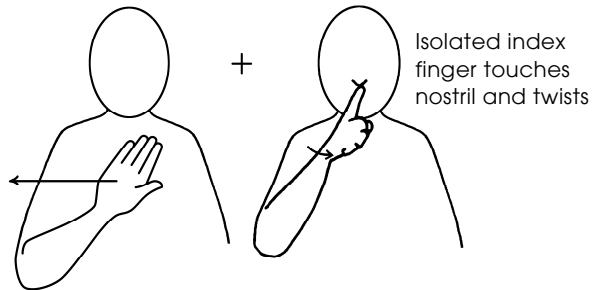
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Don't Pick Nose



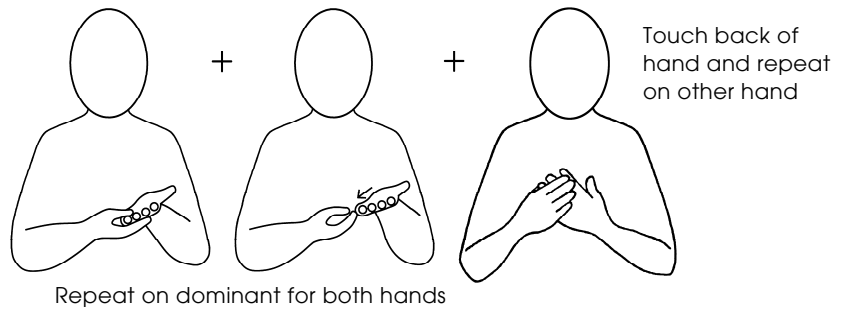
Don't Pick Nose



To Dry Hands



To Dry Hands



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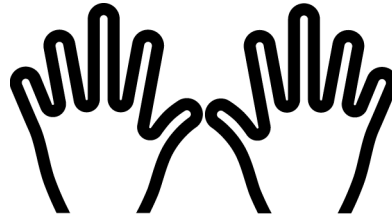
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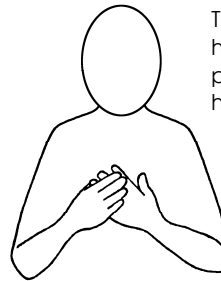
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Hands



Hand



Touch back of right or left hand as appropriate. For plural touch back of both hands

To Sneeze



To Sneeze



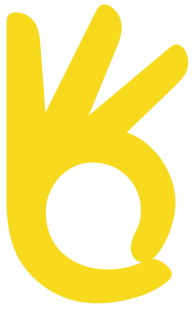
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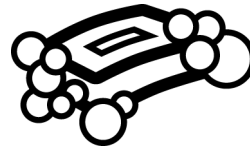
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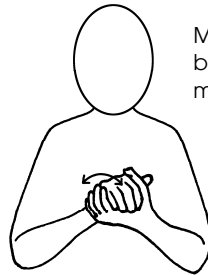
Soap



Soap

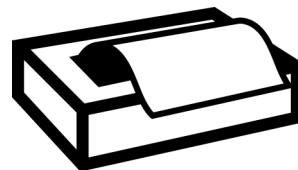


Soap

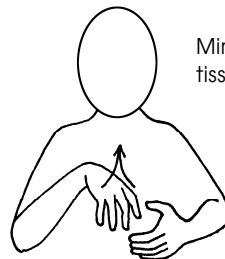


Move across palm,
back and forth to
mime lathering soap

Tissue



Tissue



Mime pulling out
tissues from box

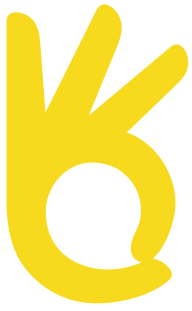
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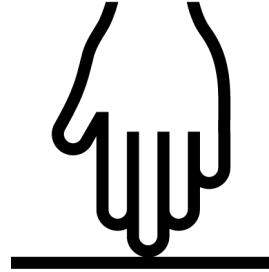
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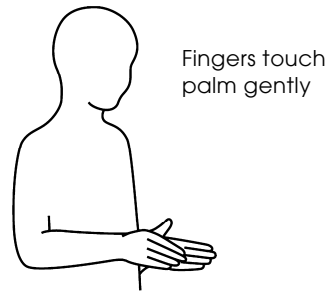
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To Touch



To Touch



To Wash Hands



To Wash Hands



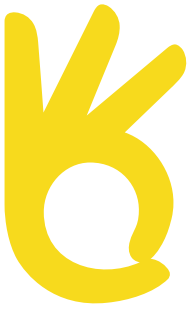
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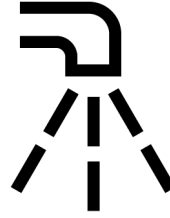
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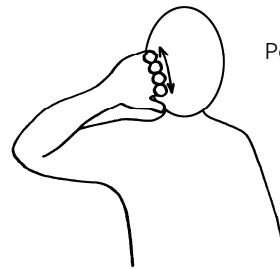
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Water

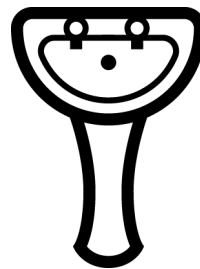


Water (1)

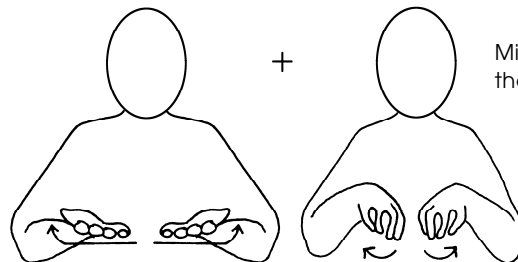


Palm outwards

Washbasin/
Sink



Washbasin/
Sink



Mime shape of basin,
then turning on taps

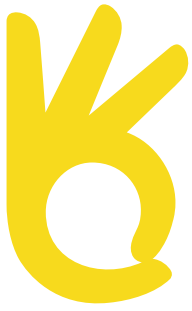
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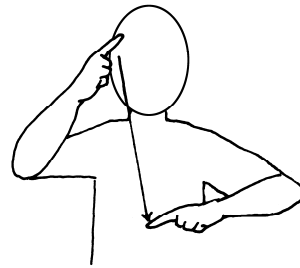
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Fever



Fever



Litter (to put in bin)



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